
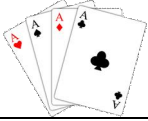
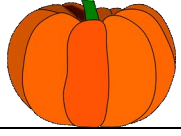


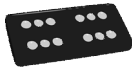





# November 2018

 **Bethesda** Towne Square

Activities And  
Times Subject To  
Change

| SUN   | MON  | TUES  | WED  | THU   | FRI  | SAT  |
|---|--|---|--|---|--|--|
|   | <br><b>Harry P. – 6<sup>th</sup></b><br><b>August S. – 12<sup>th</sup></b><br><b>Delores H. – 27<sup>th</sup></b><br><b>Lela M. – 28<sup>th</sup></b> |   |  | <b>1</b><br>9:00 Exercises<br>9:30 Coffee<br>Klatch<br>3:00 Happy Hour<br>7:00 Cards &<br>Games<br> | <b>2</b><br>9:00 YOGA<br>1:30 Catholic<br>Service at<br>NH<br>3:00 Social<br>6:45 Popcorn<br>And A<br>Movie  | <b>3</b><br>9:30 Bible Study<br>With Judy<br>3:00 Coffee<br>Social<br>7:30 Bingo |
| <b>4</b><br>2:00 Chapel At<br>Nursing Home-<br>Plymouth<br>Congregational<br>3:00 Coffee<br>Social<br><br><b>Daylight<br/>           Saving<br/>           Time Ends</b>                | <b>5</b><br>9:00 YOGA<br>12:00 Table Talk<br>Trivia<br>12:15 Manicures<br>2:00 Card Bingo<br>3:00 Social<br>7:00 Dominoes  | <b>6</b><br>9:00 Exercises<br>12:30 Shopping-<br>Dollar Tree<br>2:00 Pumpkin<br>Craft<br>3:00 Social<br>7:30 Bingo<br> | <b>7</b><br>9:00 YOGA<br>10:00 Chapel<br>2:00 Turkey<br>Trivia<br>3:00 Social<br><br><b>Beauty Shop<br/>           Open</b>  | <b>8</b><br>9:00 Exercises<br>9:30 Coffee<br>Klatch<br>3:00 Happy Hour<br>7:00 Cards &<br>Games   | <b>9</b><br>9:00 YOGA<br>3:00 Social<br>6:45 Popcorn<br>And A<br>Movie   | <b>10</b><br>3:00 Coffee<br>Social<br>7:30 Bingo                                 |
| <b>11</b><br>2:00 Chapel At<br>Nursing Home-<br>St. John<br>Lutheran<br>3:00 Coffee<br>Social<br><br> | <b>12</b><br>9:00 YOGA<br>12:00 Table Talk<br>Trivia<br>2:00 Jams, Jellies<br>and Jokes<br>3:00 Social<br>7:00 Dominoes  | <b>13</b><br>9:00 Exercises<br>12:30 Shopping-<br>Target<br>2:00 Music By<br>Bill Schwan<br>3:00 Social<br>7:30 Bingo   | <b>14</b><br>9:00 YOGA<br>10:00 Chapel<br>2:00 Musical<br>Bingo<br>3:00 Social<br><br><b>Beauty Shop<br/>           Open</b>   | <b>15</b><br>9:00 Exercises<br>9:30 Coffee<br>Klatch<br>3:00 Happy Hour<br>7:00 Cards &<br>Games  | <b>16</b><br>9:00 YOGA<br>3:00 Social<br>6:45 Popcorn<br>And A<br>Movie<br><br> | <b>17</b><br>3:00 Coffee<br>Social<br>7:30 Bingo                                 |
| <b>18</b><br>2:00 Chapel At<br>Nursing Home-<br>Good Shepherd<br>Lutheran<br>3:00 Coffee<br>Social  | <b>19</b><br>9:00 YOGA<br>12:00 Table Talk<br>Trivia<br>12:15 Manicures<br>2:00 Turkey<br>Cupcakes<br>3:00 Social<br>7:00 Dominoes<br>              | <b>20</b><br>9:00 Exercises<br>12:30 Shopping-<br>Wal óMart<br>2:00 Build A<br>Turkey Game<br>3:00 Social<br>7:30 Bingo   | <b>21</b><br>9:00 YOGA<br>10:00 Chapel<br>10:00 Pastor Bret<br>At Nursing Home<br>2:00 Auction<br>3:00 Social<br><b>Beauty Shop<br/>           Open</b><br> | <b>22</b><br>3:00 Social<br><br>  | <b>23</b><br>9:00 YOGA<br>3:00 Social<br>6:45 Popcorn<br>And A Movie   | <b>24</b><br>3:00 Coffee<br>Social<br>7:30 Bingo                                 |
| <b>25</b><br>2:00 Chapel At<br>Nursing Home-<br>St. James<br>Lutheran<br>3:00 Coffee<br>Social  | <b>26</b><br>9:00 YOGA<br>12:00 Table Talk<br>Trivia<br>2:00 Dice Bingo<br>3:00 Social<br>7:00 Dominoes<br>   | <b>27</b><br>9:00 Exercises<br>12:30 Shopping-<br>Shopko<br>1:30 Together<br>fellowship<br>3:00 Social<br>7:30 Bingo  | <b>28</b><br>9:00 YOGA<br>10:00 Chapel<br>2:00 Family Feud<br>3:00 Social<br><b>Beauty Shop<br/>           Open</b>  | <b>29</b><br>9:00 Exercises<br>9:30 Coffee<br>Klatch<br>3:00 Happy Hour<br>7:00 Cards &<br>Games  | <b>30</b><br>9:00 YOGA<br>3:00 Social<br>6:45 Popcorn<br>And A<br>Movie  |  |