

July 2018

 **Bethesda** Towne Square

Activities And
Times Subject To
Change

SUN	MON	TUES	WED	THU	FRI	SAT
<p>1</p> <p>2:00 Chapel At Nursing Home-Good Shepherd Lutheran</p> <p>3:00 Coffee Social</p>	<p>2</p> <p>9:00 YOGA 12:00 Table Talk Trivia 12:15 Manicures 3:00 Social</p>	<p>3</p> <p>9:00 Exercises 12:30 Shopping-Shopko 3:00 Social 7:30 Bingo</p> 	<p>4</p>  <p>3:00 Social</p>	<p>5</p> <p>9:00 Exercises 9:30 Coffee Klatch 3:00 Happy Hour 7:00 Cards & Games</p>	<p>6</p> <p>9:00 YOGA 1:45 Catholic Service At NH 3:00 Social 6:45 Popcorn And A Movie</p>	<p>7</p> <p>9:30 Bible Study 3:00 Coffee Social 7:30 Bingo</p>
<p>8</p> <p>2:00 Chapel At Nursing Home-St. James Lutheran</p> <p>3:00 Coffee Social</p>	<p>9</p> <p>9:00 YOGA 12:00 Table Talk Trivia 2:00 Craft Club 3:00 Social</p>	<p>10</p> <p>9:00 Exercises 12:30 Shopping-Dollar Tree 3:00 Social 7:30 Bingo</p>	<p>11</p> <p>9:00 YOGA 10:00 Chapel 2:00 Musical Bingo 3:00 Social</p> <p>Beauty Shop Open</p>	<p>12</p> <p>9:00 Exercises 9:30 Coffee Klatch 3:00 Happy Hour 7:00 Cards & Games</p>	<p>13</p> <p>9:00 YOGA 2:00 Dakota Sunshine Singers 3:00 Social 6:45 Popcorn And A Movie</p>	<p>14</p> <p>9:30 Bible Study 3:00 Coffee Social 7:30 Bingo</p>
<p>15</p> <p>2:00 Chapel At Nursing Home-First United Methodist</p> <p>3:00 Coffee Social</p>	<p>16</p> <p>9:00 YOGA 12:00 Table Talk Trivia 12:15 Manicures 2:00 Dice Bingo 3:00 Social</p>	<p>17</p> <p>9:00 Exercises 12:30 Shopping-Target 3:00 Social 7:30 Bingo</p>	<p>18</p> <p>9:00 YOGA 10:00 Chapel 2:00 Chapel ó Communion At NH 3:00 Social</p> <p>Beauty Shop Open</p> 	<p>19</p> <p>9:00 Exercises 9:30 Coffee Klatch 3:00 Happy Hour 7:00 Cards & Games</p>	<p>20</p> <p>9:00 YOGA 11:00 Lunch Outing To Ruby Tuesday 3:00 Social 6:45 Popcorn And A Movie</p>	<p>21</p> <p>9:30 Bible Study 3:00 Coffee Social 7:30 Bingo</p>
<p>22</p> <p>2:00 Chapel At Nursing Home-Emmanuel Lutheran</p> <p>3:00 Coffee Social</p>	<p>23</p> <p>9:00 YOGA 12:00 Table Talk Trivia 2:00 Card Bingo 3:00 Social</p> 	<p>24</p> <p>9:00 Exercises 12:30 Shopping-Wal óMart 1:30 Together Fellowship 3:00 Social</p>	<p>25</p> <p>9:00 YOGA 10:00 Pastor Bret At NH 10:00 Chapel 2:00 Baking 3:00 Social</p> <p>Beauty Shop Open</p>	<p>26</p> <p>9:00 Exercises 9:30 Coffee Klatch 3:00 Happy Hour 7:00 Cards & Games</p>	<p>27</p> <p>9:00 YOGA 3:00 Social 6:45 Popcorn And A Movie</p> 	<p>28</p> <p>9:30 Bible Study 3:00 Coffee Social 7:30 Bingo</p>
<p>29</p> <p>2:00 Chapel At Nursing Home-Zion Lutheran</p> <p>3:00 Coffee Social</p>	<p>30</p> <p>9:00 YOGA 12:00 Table Talk Trivia 12:15 Manicures 2:00 Word Games 3:00 Social</p>	<p>31</p> <p>9:00 Exercises 12:30 Shopping-Shopko 3:00 Social 7:30 Bingo</p>		 <p>15th - Arlene L 31st - Elaine O</p>		