

Adult Day Health Center



March 2018

SUN	MON	TUES	WED	THU	FRI	SAT
				1 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Scrabble 2:00 Snack	2 10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 You be the Judge 2:00 Snack	3 ADHC Closed
4 ADHC Closed	5 10:00 Coffee 11:00 Word Games Noon Lunch 1:00 Cards 2:00 Snack	6 10:00 Coffee 11:00 Create Word Noon Lunch 1:00 Keeno 2:00 Snack	7 10:00 Coffee 11:00 Word Search Noon Lunch 1:00 Penne Ante 2:00 Snack	8 10:00 Exercise 11:00 Uno Noon Lunch 1:00 Yahtzee 2:00 Snack	9 10:00 Coffee 11:00 Trivia Noon Lunch 1:00 Indoor Games 2:00 Snack	10 ADHC Closed
11 ADHC Closed	12 10:00 Coffee 11:00 Ping Pong Noon Lunch 1:00 Exercise with Singing 2:00 Snack	13 10:00 Coffee 11:00 Yahtzee Noon Lunch 1:00 Create a Word 2:00 Snack	14 10:00 Coffee 10:30 Uno Noon Lunch 1:00 Make Cookies 2:00 Snack	15 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Art project 2:00 Snack	16 10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 St. Patrick's Day Party Look for Leprechaun's WEAR GREEN!	17 ADHC Closed 
18 ADHC Closed	19 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Quirkel 2:00 Snack	20 10:00 Coffee 11:00 Bingo Noon Lunch 1:00 LRC 2:00 Snack 	21 10:00 Coffee 11:00 Word create Noon Lunch 1:00 Bible Study 2:00 Snack	22 10:00 Coffee 11:00 Shake Loose Memory Noon Lunch 1:00 History Of Coca- Cola 2:00 Snack	23 10:00 Coffee 11:00 What in the bag Noon Lunch 1:00 Scavenger Hunt 2:00 Snack	24 ADHC Closed
25 ADHC Closed	26 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Green Trivia 2:00 Snack	27 10:00 Coffee 11:00 Spring Art Noon Lunch 1:00 You be the Judge 2:00 Snack	28 10:00 Coffee 11:00 Play Ball Noon Lunch 1:00 Harriet Tubman 2:00 Snack	29 10:00 Coffee/ Trivia 11:00 Holy Week Noon Lunch 1:00 Flower Word create 2:00 Snack	30 10:00 Trivia 11:00 Cherry Cheese Treats Noon Lunch 1:00 Popcorn & Movie	31