










Adult Day Health Center

SUN	MON	TUES	WED	THU	FRI	SAT
				1 10:00 Coffee 11:00 Exercise to music Noon Lunch & Jokes 1:00 Cards 2:00 Snack & Beverage	2 10:00 Coffee 11:00 June in history Noon Lunch 1:00 Make rhubarb pie 2:00 Snack & Beverage	3 ADHC Closed
4 ADHC Closed	5 10:00 Coffee 11:00 Farkle Noon Lunch 1:00 Bible Study  1:30 D-Day History	6 10:00 Coffee 11:00 Wii Bowling Noon Lunch 1:00 Whist 2:00 Snack & Beverage	7 10:00 Coffee 11:00 Finishing Lines Noon Lunch 1:00 Nu Step 2:00 Snack & Beverage	8 10:00 Coffee 11:00 Penny Ante Noon Lunch 1:00 Uno 2:00 Snack & Beverage	9 10:00 Coffee 11:00 Donald Duck history Noon Lunch/ word find 1:00 Reflections 1:30 Banana Splits	10 ADHC Closed
11 ADHC Closed	12 10:00 Coffee 11:00 Bingo Noon Lunch 12:30 Make Peanut Butter cookies 2:00 Snack & Beverage	13 10:00 Coffee 11:00 Word Search Noon Lunch 1:00 Golf 2:00 Snack & Beverage	14 10:00 Coffee 10:30 History of Flag day Noon Grill Cheese Sandwiches 1:00 Play Ball 2:00 Strawberry Shortcake & Coffee 	15 10:00 Coffee 11:00 Whist Noon Lunch 12:30 Fudge for Fathers 2:00 Snack & beverage	16 10:00 Coffee 11:00 Grill Outside Noon Lunch Father's day history 1:00 Movie & Popcorn 2:00 Snack & Beverage	17 ADHC Closed
18 ADHC Closed <i>Happy Father's Day!</i>	19 10:00 Coffee & Abraham Lincoln 11:00 Shake Loose a memory Noon Lunch 1:00 Bible Study  2:00 Strawberries & Cream (Snack)	20 10:00 Coffee 11:00 Penny Ante Noon Lunch 1:00 Yahtzee 2:00 Snack & Beverage	21 10:00 Coffee 11:00 Word create Noon Lunch 1:00 The year was 1979 2:00 Snack & Beverage	22 10:00 Coffee 11:00 Daniel O' Donnell Noon Lunch 1:00 Cards 2:00 Snack & Beverage	23 10:00 Coffee 11:00 Sing a Long 11:30 Make Waffles Noon Lunch 1:00 Yoga 2:00 Make a Shake Day 	24 ADHC Closed
25 ADHC Closed	26 10:00 Coffee 11:00 Humor Page Noon Lunch 1:00 Watermelon Art  2:00 Watermelon & Beverage	27 10:00 Coffee 11:00 Reflections Noon Lunch 1:00 The year 1981 & Uno 2:00 Snack & beverage	28 10:00 Coffee 11:00 Humor Me! Noon Lunch 1:00 Wood Project 2:00 Snack & Beverage	29 10:00 Coffee 11:00 Make Noon Lunch 1:00 Make Cupcakes & ice cream sodas  2:00 Snack & Beverage	30 10:00 Coffee 11:00 Scrabble Noon Lunch 1:00 Bingo 1:30 Snack Watermelon sorbet	 Ramona 14th