



Adult Day Health Center



SUN	MON	TUES	WED	THU	FRI	SAT
	<p><b>1</b></p> <p><b>ADHC Closed</b></p> <p><b>New Years Day</b></p>	<p><b>2</b></p> <p>10:00 Coffee 11:00 Tradition Noon Lunch 1:00 Reminisce of January 2:00 Snack Time</p>	<p><b>3</b></p> <p>10:00 Coffee 11:00 Cards Noon Lunch 1:00 National Parks 2:00 Snack Time</p>	<p><b>4</b></p> <p>10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Make Smoothies 2:00 Snack Time</p>	<p><b>5</b></p> <p>10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Play Ball 2:00 Snack Time</p>	<p><b>6</b></p> <p><b>ADHC Closed</b></p>
<p><b>7</b></p> <p><b>ADHC Closed</b></p>	<p><b>8</b></p> <p>10:00 Coffee 11:00 Memory Game Noon Lunch 1:00 Bible Study 1:30 Elvis Movie 2:00 Snack Time</p>	<p><b>9</b></p> <p>10:00 Coffee 11:00 Create Word Noon Lunch 1:00 Humor Me 2:00 Snack Time</p>	<p><b>10</b></p> <p>10:00 Coffee 11:00 Music Video Noon Lunch 1:00 Shake Loose Memory 2:00 Snack Time</p>	<p><b>11</b></p> <p>10:00 Exercise 11:00 LRC Noon Lunch 1:00 Art's &amp; Crafts 2:00 Snack Time</p>	<p><b>12</b></p> <p>10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Make Almond Cookies 2:00 Snack Time</p>	<p><b>13</b></p> <p><b>ADHC Closed</b></p>
<p><b>14</b></p> <p><b>ADHC Closed</b></p>	<p><b>15</b></p> <p>10:00 Coffee 11:00 The Year 1964 Noon Lunch 1:00 Scrabble 2:00 Snack Time <b>Bring a Hat !</b> </p>	<p><b>16</b></p> <p>10:00 Coffee 11:00 Mind Stretchers Noon Lunch 1:00 Bingo 2:00 Snack Time</p>	<p><b>17</b></p> <p>10:00 Coffee 10:30 Uno Noon Lunch 1:00 Circle Singing 2:00 Snack Time</p>	<p><b>18</b></p> <p>10:00 Coffee 11:00 Exercise Noon Lunch 1:00 History Martin Luther King Jr. 2:00 Snack Time</p>	<p><b>19</b></p> <p>10:00 Coffee 11:00 Hangman Noon Lunch 1:00 Movie &amp; Popcorn 2:00 Snack Time</p>	<p><b>20</b></p> <p><b>ADHC Closed</b></p>
<p><b>21</b></p> <p><b>ADHC Closed</b></p>	<p><b>22</b></p> <p>10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Bible Study 2:00 Snack Time</p>	<p><b>23</b></p> <p>10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Make Valentines 2:00 Snack Time</p>	<p><b>24</b></p> <p>10:00 Coffee 11:00 Word create Noon Lunch 12:30 Cards &amp; Games 2:00 Snack Time</p>	<p><b>25</b></p> <p>10:00 Coffee 11:00 Wii Bowling Noon Lunch 1:00 Jeopardy 2:00 Snack Time</p>	<p><b>26</b></p> <p>10:00 Coffee 11:00 Trivia Noon Lunch 1:00 Sentimental Reflections 2:00 Snack Time</p>	<p><b>27</b></p> <p><b>ADHC Closed</b></p>
<p><b>28</b></p> <p><b>ADHC Closed</b></p>	<p><b>29</b></p> <p>10:00 Coffee 11:00 Sing Along Noon Lunch 1:00 Make Snack 2:00 Snack Time</p>	<p><b>30</b></p> <p>10:00 Price is Right Game 11:00 Exercise Noon Lunch 1:00 Make Snack 2:00 Snack Time</p>	<p><b>31</b></p> <p>10:00 Coffee 11:00 Shake Loose Memory Noon Lunch 1:00 Popcorn &amp; Movie 2:00 Snack Time</p>			