



Adult Day Health Center December 2017



SUN	MON	TUES	WED	THU	FRI	SAT
					1 10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Set up Christmas Tree 2:00 Snack Time	2 ADHC Closed
3 ADHC Closed	4 10:00 Coffee 11:00 Memory Game Noon Lunch 1:00 Bible Study 2:00 Snack Time	5 10:00 Coffee 11:00 Create Word Noon Lunch 1:00 Keeno 2:00 Snack Time	6 10:00 Coffee 11:00 Music Video Noon Lunch 1:00 Set up Christmas Tree 2:00 Snack Time St.Nicholas Day Bring a shoe!	7 10:00 Exercise 11:00 LRC Noon Lunch 1:00 Uno/ Pearl Harbor 2:00 Snack Time	8 10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Make Christmas Cookies 2:00 Snack Time	9 ADHC Closed
10 ADHC Closed	11 10:00 Coffee 11:00 Frost Cookies Noon Lunch 1:00 Scrabble 2:00 Snack Time	12 10:00 Coffee 11:00 Mind Stretchers Noon Lunch 1:00 Bingo 2:00 Snack Time	13 10:00 Coffee 10:30 Uno Noon Lunch 1:00 Circle Singing 2:00 Snack Time	14 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Make Fudge 2:00 Snack Time	15 10:00 Coffee 11:00 Hangman Noon Lunch 1:00 Sing a long 2:00 Snack Time	16 ADHC Closed
17 ADHC Closed	18 10:00 Coffee 11:00 Exercise Noon Lunch 1:00 Bible Study 2:00 Snack Time	19 10:00 Coffee 11:00 Sing a long Noon Lunch 1:00 Make Muffins 2:00 Snack Time	20 10:00 Coffee 11:00 Word create Noon Lunch 12:30 Gingerbread houses 2:00 Snack Time	21 10:00 Coffee 11:00 Christmas Photos Noon Lunch 1:00 Tom & Jerry 2:00 Snack Time	22 10:00 Coffee 11:00 Christmas Bingo Noon Lunch 1:00 Sing Christmas Caroles 2:00 Christmas Goodies ADHC Closed at 3:00	23 ADHC Closed
24 ADHC Closed	25 ADHC Closed	26 ADHC Closed	27 10:00 Coffee 11:00 Cut out snowflakes Noon Lunch 1:00 Music Video 2:00 Snack Time	28 10:00 Coffee 11:00 Chocolate Mousse Noon Lunch 1:00 Cards 2:00 Snack Time	29 10:00 Coffee 11:00 Make covered Pretzels Noon Lunch 1:00 Let's Play Ball 2:00 Snack Time	30 ADHC Closed